



## **Frankel Jewish Academy Student-Athlete Code of Conduct**

### **Athletic Philosophy**

Frankel Jewish Academy (FJA) is a college preparatory school committed to maintaining a positive learning environment in which all students are provided the opportunity to grow academically, religiously and socially. The athletic program is intended to reinforce the aims and goals of our school and of each individual student.

Participation in FJA's athletic program is a privilege, not a right. It is an honor to wear a Frankel Jewish Academy team uniform. Successful athletic programs have the support and respect of the community and students. Athletes merit this respect and support by being good citizens within the school and in the community. Our student athletes are representatives of this institution, and we expect them to act in a manner fitting this responsibility. Participation in any activity in the school or community that may discredit Frankel Jewish Academy will result in disciplinary action.

As academics are the primary reason student-athletes are part of our school, parents, teachers and coaches are urged to consistently provide the best possible environment for our athletes to achieve success in the classroom and on the field.

### **Eligibility**

Students wishing to participate in the athletic programs offered at Frankel Jewish Academy must maintain a cumulative GPA of 2.3 or above to participate in school athletics. This includes the semester during which a sport is being played. Students participating in school sports are required to fulfill their academic responsibilities. All assignments must be completed on time.

In all instances, students are required to be in attendance at school on the day of the sporting event in which school is in session, unless exempted for extenuating circumstances. If a student is absent on the day of a game, he/she will not be able to play in that game. Any student-athlete who is suspended from school will be ineligible to participate in practices, competitions, or any outside-of-classroom activities for the duration of the suspension.

Athletes are expected to attend all practices, meetings, and games. If it is necessary for an athlete to miss a practice, meeting or game due to illness, injury or family emergency, it is incumbent upon the athlete to inform the head coach. An absence from school is an absence from athletic participation. Athletes who miss practice sessions or meetings without prior authorization from the head coach may be held out of practices and or games. Any decision to limit participation will be made by the coach under the supervision of the athletic director.

**MHSAA ELIGIBILITY:** All incoming (first-time) ninth graders are immediately eligible for participation in FJA's interscholastic athletic program. However, to maintain eligibility an athlete must:

- Have been enrolled not later than the fourth Friday after Labor Day.
- Not have turned 19 before Sept. 1st.
- Have had a physical examination form on file in the athletic office (since April 15).

All returning students must:

- Have not been enrolled in more than eight semesters in high school (Grades 9-12).
- Have passed at least four full-credit subjects the previous semester of enrollment.
- Be currently passing at least four full credit subjects.
- Have not changed schools without a corresponding move by your parents or legal guardian, with whom you were living.
- Have not received money or other valuable considerations for participating in MHSAA sponsored sports.
- Have not participated in non-school contests during your sport season after having reported to your school team.
- Have not competed in an all-star or national championship after having played for a high school team in the same sport.

All new students transferring into FJA must wait out a probationary period of one semester before being allowed to participate. Please check with the Athletic Department for details.

### **Kashrut**

FJA maintains a strict kashrut policy in our school facilities and for all school-sponsored events. Members of the FJA community are expected to respect this policy. This policy also extends to the athletic events that our student athletes participate in both at our home fields and courts, and during away contests.

Parents and spectators who attend Frankel Jewish Academy sports events should support their student athlete in both word and action in the following of the kashrut policy. Below are the kashrut guidelines that must be observed by all student athletes and coaches at sporting events of any kind involving Frankel Jewish Academy.

- Only dairy or pareve food may be brought into the school building, even if the food is meant only for personal consumption. No meat or poultry products may be brought into the school.
- Fish, non-meat foods, and fresh produce may be brought to sporting events. Shellfish, seafood and fish lacking fins and scales may not be brought.
- Packaged food brought to school, even for personal consumption, must come from packages with one of the following commonly accepted kashrut symbols:



This is by no means an exhaustive list; other authorities may be acceptable.

Check with Rabbi Grossman or another authorized faculty member if you have any questions. A "K" without other markings is not acceptable.

- Food prepared at home may **not** be served in school or for school functions. All snacks served in school must be certified kosher and brought to school in its original wrapping. Families who would like help in understanding these expectations should make an appointment with Rabbi Grossman, Rabbi Pachter or another authorized faculty member.
- Food wrapped or packaged in containers from non-kosher establishments may not be brought into the school building (including the entire JCC), even if the food itself is dairy or pareve.

### **Available Sports and League Information**

The Frankel Jewish Academy offers the following sports:

Fall	Boys Varsity Soccer Boys Tennis (varsity and junior varsity) Boys Varsity Cross Country Girls Varsity Cross Country Girls Volleyball (varsity and junior varsity) Ice Hockey* * (club sport, pay-to-play; team competes in the Farmington Hills Hockey Association)
Winter	Boys Basketball (varsity and junior varsity) Girls Varsity Basketball Boys Varsity Bowling Girls Varsity Bowling Freshmen Boys Basketball competed in the Kenny Goldman League at the JCC
Spring	Boys Varsity Golf Girls Varsity Soccer Girls Varsity Tennis Varsity Baseball Varsity Softball

These sports teams represent the Frankel Jewish Academy in interscholastic play in the Catholic High School League (CHSL). These teams are part of the class C/D state classifications as determined by the Michigan High School Athletic Association (MHSAA). The following high schools are opponents in the CHSL:

Bishop Foley (Madison Heights)	Notre Dame Prep (Pontiac)
Cabrini (Allen Park)	Our Lady of the Lakes (Waterford)
Cardinal Mooney (Marine City)	Everest Collegiate (Clarkston)
Cristo Rey (Detroit)	Academy of the Sacred Heart (Bloomfield Hills)
Father Gabriel Richard (Ann Arbor)	St. Catherine of Siena (Wixom)
Gabriel Richard (Riverview)	Shrine Catholic (Royal Oak)

## **Student-athletes Code of Conduct and Responsibilities**

We expect our student-athletes to reflect well upon Frankel Jewish Academy.

1. Student-athletes are to be positive role models and leaders by observing all academic, attendance and discipline policies as a duty to school, team and self.
2. Student-athletes are to conduct themselves in a courteous manner, whether at FJA or other facilities. Respect for school officials, coaches, teammates, opponents, game officials, fans, parents, relatives, friends and all other involved parties must be evident at all times.
3. Any involvement in hazing or team initiations will not be tolerated. Committing intentional, or reckless acts, or even knowing and staying silent about such acts that cause pain, embarrassment, humiliation or mental trauma to others is strictly prohibited.
4. The language used by student-athletes will be proper at all times, and represent the core values of FJA.
5. Student-athletes are to accept all decisions by game officials, whether favorable or unfavorable, as well as accept victory or defeat, with equal grace. Any student-athlete who, in a hostile manner interacts physically with an official, coach, or FJA staff member will, at minimum, be suspended from the FJA sports program for the remainder of the sport season.
6. Student-athletes must travel to and from any sporting event with the team in transportation approved by the school. Students are to follow the directions of the driver and coach during transportation to and from any sporting event. Student-athletes not returning with the team to the school after an athletic event must be requested in advance by a parent/guardian. This verbal or written permission must be given directly to the coach.
7. Student-athletes must dress in accordance with the school dress code for all sporting events. The wearing of team uniforms off the playing field will be at the discretion of the coach and athletic director. Standards of dress that are more conservative and formal than required of the general student population may be put in place by the coach and/or athletic director.

### **Penalties and consequences:**

If a Frankel Jewish Academy student-athlete is ejected, disqualified or otherwise removed from a game for inappropriate behavior, there will be immediate and long-term consequences.

#### Baseball and softball:

1st ejection	Suspension from the rest of the day's action plus the next three (3) games Meeting with coach and athletic department before being reinstated
2nd ejection	Removal from the team

This applies to individual behavior during a game. Other penalties and consequences will be determined based on the circumstances. The final decision is the responsibility of the athletic director in consultation with the coach and administration.

## **Basketball:**

1st technical foul	Suspension from the rest of the game, plus the entire next game Meeting with coach and athletic department before being reinstated
2nd technical foul	Suspension from the rest of the game, plus the entire next three (3) games Meeting with coach and athletic department before being reinstated
3rd technical foul	Removal from the team

This applies to individual behavior during a game. It also applies to flagrant fouls, but not disqualification for 5 routine fouls during the course of a game. Other penalties and consequences will be determined based on the circumstances. The final decision is the responsibility of the athletic director in consultation with the coach and administration.

## **Soccer:**

1st red card	Suspension from the rest of the game, plus the entire next game Meeting with coach and athletic department before being reinstated
2nd red card	Suspension from the rest of the game, plus the entire next three (3) games Meeting with coach and athletic department before being reinstated
3rd red card	Removal from the team

This applies to individual behavior during a game. Other penalties and consequences will be determined based on the circumstances. The final decision is the responsibility of the athletic director in consultation with the coach and administration.

## **All other sports:**

1st instance	Meeting with coach and athletic department to determine appropriate punishment before being reinstated
2nd instance	Removal from the team

**NOTE:** The chain of consequences is a guideline but does not necessarily have to be adhered to implicitly. Depending on the severity of the inappropriate behavior, harsher penalties could be imposed, including immediate expulsion from the team. Stronger penalties may apply if past behavior has not been corrected from one season to the next.

We cannot emphasize enough the importance of good sportsmanship. It is paramount that all FJA student-athletes represent themselves, their team, their coach, their sport, our school and our religion in an exemplary manner.

## **Consequences for Rules Violations**

It is the goal of the athletic program to aid in the development of student-athletes into citizens of personal virtue and excellence who abide by all school and MHSAA rules and regulations. The coach or the FJA staff will investigate any potential rules violation. If the violation is substantiated, the amount of disciplinary action taken will be directed by the guidelines listed below. Each incident will be looked at individually, and the severity of any rule violation may cause a more severe action to be taken for a first or second offense. Student-athletes are students first, and are responsible for following the Student Code of Conduct as well as the Student-Athletes Code of Conduct.

First offense- Probation / Parent notification (if severe enough, first offense could result in suspension or removal from the team)

Second offense- Suspension / Parent notification (if severe enough, second offense could result in removal from the team)

Third offense- Removal from the team / Parent notification (if severe enough, third offense could result in forfeiture of all interscholastic athletic participation for the remainder of the offender's FJA tenure)

This is separate from the previously described section pertaining to behavior issues. This applies to, but is not limited to, bullying, taunting, intent to injure, vandalism and theft.

Participation in the athletic program at Frankel Jewish Academy is a privilege and as such, athletes will be subject to some rules that may not apply to the general student population. Student-athletes who are guilty of a breach of ethics, or violate the Student Code of Conduct could face punishments that directly affect that student's participation in the athletic program.

## **Disqualification Policy**

FJA follows all MHSAA policies regarding disqualification from athletic contests. MHSAA Regulation 5 Sec 3(d), states "When a student is disqualified during a contest for flagrant unsportsmanlike conduct, that student shall be withheld by his/her school for the remainder of that day of competition and for at least the next day of competition for that team."

## **Physical Forms and Informed Consent**

By its nature, participation in interscholastic athletics includes risk of injury that may range in severity. Although serious injuries are not common in supervised school athletic programs, it is impossible to eliminate risk. Participants have the responsibility to help reduce the chance of injury. Players must obey all safety rules, report all physical problems to their coaches, follow a proper conditioning program, and inspect their own equipment daily.

Student-athletes **must** have a physical examination from a doctor dated **after** April 15 of the previous school year. The required form, with signatures, must be on file with the athletic director **before** participation in **any** tryout, practice or competition. The proper student-athlete physical form is available in the athletics section on the school web site.

## **Training Rules**

The following rules promote the healthy and moral way of life advocated by Frankel Jewish Academy. Student-athletes who are in violation of these rules, in or out of season, may be denied an opportunity to participate in athletic activities.

1. No smoking or use of tobacco in any form.
2. No possession, use or distribution of illegal drugs, including use of prescription or over-the-counter medication not prescribed to you by a licensed physician.
3. No unauthorized use of any prescription medication prescribed to you by a licensed physician.
4. No use of performance enhancing drugs (as defined by the MHSAA).
5. No fighting, or use of profane or vulgar gestures or language.
6. No possession or use of alcohol. Student-athletes known to be where the illegal use of alcohol or other substances are present will be deemed guilty by association. If a student-athlete inadvertently finds him/herself in a situation where alcohol or drugs are present, he/she must leave immediately or risk penalty.
7. No use of video or camera equipment or other recording devices in the locker rooms at any time.

## **Awards**

We are proud of our Frankel Jewish Academy student-athletes and honor them by presenting the following awards to team members who meet the requirements *as set forth by the coach*:

Varsity athletes who meet the requirements in a sport will receive a varsity letter "JA" from the athletic department. Junior Varsity athletes may receive a certificate of participation.

Student-athletes are also eligible to be named team Most Valuable Player, Coach's Award recipient and/or Athletic Director's Male and Female Athlete of the Year. These awards are presented at a school-wide honors assembly prior to graduation each June.

## **Athletic Credit**

Students who fulfill varsity status on an FJA interscholastic sports team are eligible to earn a .5 physical education credit. This is in lieu of an athletic PAL class. Credit is allowed only once per school year and only once per sport, not to exceed 1.0 credits during four years of high school. Varsity status refers to the student who successfully earns a varsity letter, with criteria set by the coach.

## Student-Athlete Code of Conduct Receipt

My signature below acknowledges that I have reviewed the Student-Athlete Code of Conduct, and I am agreeing to comply with all the rules and regulations set forth by this document. An electronic copy of the Student-Athlete Code of Conduct can be found on the school web site.

As a representative of my school I will conduct myself in an exemplary manner at all times. I will be an outstanding citizen, demonstrate good judgment, and, without exception, treat my coaches, teammates, opponents and the officials with respect.

\_\_\_\_\_  
Student name (please print)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Student signature

\_\_\_\_\_  
Parent name (please print)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent signature

Sport:      Fall \_\_\_\_\_

                 Winter \_\_\_\_\_

                 Spring \_\_\_\_\_

Received by FJA athletics on \_\_\_\_\_

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