



### MEAL PROGRAM

New this year, Frankel Jewish Academy is proud to introduce a healthy and popular lunch program for our students through FLIK, the same catering team providing the highly popular program at Hillel Day School as well as several other prominent Jewish Day Schools throughout the country. In fact, FLIK is a leader in independent school dining throughout the nation.

The school year will be filled with high quality and nutritious lunches, made from fresh ingredients, offered every day for the entire student body. Each student on the plan will receive an entrée, side, soup and salad. Menus will rotate on a monthly basis and will include meat meals on Wednesdays and Fridays.

Prepared at Hillel Day School under the kosher supervision of the Metropolitan Kashruth Council, all items will be brought daily from Hillel and served at FJA, buffet-style. New menus will be released on the 15th of each month for the following month. The FLIK program offers students the opportunity to enjoy consistent, well-balanced and affordable meals every day. There are several payment options to meet various needs and budgets.

Menus are created to reflect the seasons. Parent and student suggestions are encouraged. The use of processed foods is limited and products containing artificial flavorings, M.S.G., preservatives and high levels of sodium are avoided. Minimal amounts of fat are used in food preparation and olive oil is used as it has a healthier blend of fatty acids than other cooking oils. Vegan, vegetarian and gluten-free options are available upon special request. Hillel's kitchens are 100 percent nut-free.

### REGISTRATION

Registration is simple and may be done online. Go to [myschoolaccount.com](http://myschoolaccount.com) and follow the instructions to sign up for annual, half-yearly or monthly plans. Should you have problems registering, please contact Hillel Day School's FLIK point person, Robyn Presser at (248) 408-6572 or FJA's Julie Ohana at (248) 592-5263.

You may also choose a declining balance option by funding your account that will be debited each time a meal is purchased. If you already have an account, simply log in, otherwise create a new account. You may also pay by check (made out to Hillel Day School), which can be delivered to the daily food server or Julie Ohana.

### PRICING 2017-18

<b>ANNUAL*</b>	\$1025	(*best value)	-January <sup>+</sup>	\$ 95
<b>HALF-YEAR</b>			-February	\$ 102
-August –December	\$ 450		-March	\$ 136
-January-June	\$ 610		-April	\$ 109
<b>MONTHLY</b>			-May	\$ 140
-August/September	\$ 130		-June	\$ 40
-October	\$ 110			
-November	\$ 130			
-December	\$ 100			
			<b>DAILY</b>	\$ 7

(+ no meal service provided during exams on Jan 23-26)